



OUR LADY HELP OF CHRISTIANS

Primary School Brunswick East

Exceptional Education

Newsletter 2, Term 1, 2021

Friday 5th February

A Prayer for New Beginnings

Lord,

You make all things new

You bring hope alive in our hearts

And cause our spirits to be born again.

Thank you for this new year

For the potential it holds.

Come and kindle in us

A mighty flame

So that in our time, many will see the wonders of God

And live forever to praise Your glorious name.

Amen

Dear Parents/Carers,

What a fabulous start to the school year. A very special welcome to our Prep students and their families. The Prep children began school for the very first time on Monday, and all seemed very excited to be here and have settled in well. The playground has been full of excitement as old friendships have been rekindled.

The start of the new school year can be a challenging time for some children and parents. Dr Judith Lock, author of the parenting book, *The Bonsai Child* provides her tips on how to support your child as they transition to a new year.

If your child is anxious about starting a new class with unfamiliar people, do listen to them talk about their fears, but normalise them ('A lot of people feel worried about starting something new'), and then talk about their past strengths in facing tricky things and your confidence that they will cope with this challenge.

When they come home from their first day at a new activity, keep your questions broad, 'How was it?' not, 'Did you make a friend today?' or 'Is Sam in your class?' This won't put unnecessary pressure

on them or suggest things in which they should be disappointed.

Keep your and your child's expectations realistic. It is highly unlikely that they will form close friendships in the early days of a new school year, particularly in early primary. How often have you started a new job and come home from your first day to announce, 'I made my new best friend today'?

© Judith Locke

Dr Judith Locke is a clinical psychologist, former teacher, and the author of the parenting book, *The Bonsai Child*, which details practical strategies to help you build confidence and capability in your child. Her latest book, *The Bonsai Student* details practical parenting techniques for your child to thrive in the schooling. (There are links to purchase both of these at bonsaichild.com) Judith delivers talks to parents and teachers at schools around Australia on child wellbeing.

COVID Update

Following the Government's announcements regarding new statewide restrictions announced at 11:59pm on Wednesday 3/2/21, there are new guidelines for wearing face masks in schools. School staff are now required to wear masks indoors at all times unless in the direct act of teaching. All visitors to school sites must also wear masks when indoors. Further advice regarding these measures will be provided when available. Thank you for your ongoing support.

ICT User Agreement

The OLHC ICT Agreement is being sent home with your child/children tonight. Please read, sign and return with your child by Tuesday 9/2/21.

Paul Spence (Vision)

Thank you to those who have registered their attendance for parent sessions with Paul on Monday the 8/2/21, we are looking forward to

working with you. Thank you also to those who have provided feedback via our Google form, this information will be pivotal in shaping our new Vision as we move forward.

Reminder Meet the Teacher Interviews

Meet the Teacher Meetings will be held at school on **Thursday 18th February**, at this stage this will be a face to face event, if this arrangement changes you will be informed. Please note **3S (Ms Samantha Scicluna)** interviews will be held on **Wednesday the 17th of February**. Please refer to the flyer attached for booking details. Bookings open on Thursday the 4th of February and close on Thursday the 11th of February. Children will remain at school and be dismissed at 3.30pm.

These interviews are a great opportunity for you to share with your child's teacher the individual traits that make your child who they are and don't assume we already know. Tell us about their interests, their strengths, any areas you are concerned with, activities they participate in outside of school, and any medical or personal issues you believe the school should be informed about.

Reminder Beginning School Mass

Our Beginning School Mass will be held on Friday 12/2/21 at 10.00am. Fr Linh has informed me that we are unable to accommodate parents attending at this time due to specific COVID regulations relating to density requirements for liturgical celebrations.

Reconciliation Sacrament Times

Please note the Sacrament of Reconciliation will be celebrated on Tuesday the 30th of March at OLHC Church. ***Due to the availability of Priests there has been a change in time. Two sessions will now be available to celebrate this Sacrament, 6.00pm and 7.15pm.*** Candidates and families will receive more information in the coming weeks in order to book a preferred time.

Parent Association Representatives for 2021

The Parent Association requires a Parent Rep for each class. If you are interested in being the Parent Rep for your child's class please email Michelle Piccolotto at olhcpa@gmail.com by the extended date of Friday the 12th of February.

Baby News

Congratulations to Dani Crisicone (Foundation D 2020) and Marcus on the safe and happy arrival of their daughter Zoe. We wish Dani and Marcus every success as they begin this new chapter in their lives. We look forward to meeting Zoe soon.

Reminder Assemblies

Whole school assemblies will be held on Wednesdays from 2.45pm-3.15pm throughout the term. At this stage only parents/carers of the presenting class will be able to attend due to density regulations. Please be aware parents may have to sit outside the Centenary Centre, the doors will be open.

Reminder Parent Information Night

Thank you to parents who have registered for this event, we are looking forward to seeing you on Thursday night 11/2/21 at 7.00pm.

Term 1 Dates 2021

Monday 8/2/21 Paul Spence Parent Sessions 9.15am-10.15am and 2.15pm-3.15pm.

Thursday 11/2/21 Prep Information Evening 7.00pm.

Friday 12/2/21 Beginning School Mass at OLHC Church 10.00am.

Monday 15/2/21 PA Meeting 7.00pm (Virtual Event).

Thursday 16/2/21 Shrove Tuesday.

Wednesday 17/2/21 Ash Wednesday Mass at OLHC at 11.00am.

Wednesday 17/2/21 3S (Ms Samantha Scicluna) Meet the Teacher Interviews 4.00pm-8.00pm.

Thursday 18/2/21 Meet the Teacher Interviews 1.00pm-8.30pm.

Thursday 4/3/21 Reconciliation Family Night at 7.00pm.

Friday 5/3/21 School Photos.

Monday 8/3/21 Labour Day Public Holiday - No students to attend.

Wednesday 10/2/21 6H Assembly at 2.45pm

Wednesday 17/2/21 5L Assembly at 2.45pm

Thursday 18/3/21 Confirmation Family Night at 7.00pm.

Sunday 21/3/21 Sacrament of Confirmation, OLHC Church at 3.30pm.

Wednesday 24/2/21 4S Assembly at 2.45pm

Friday 26/3/21 - School Closure Day (Staff developing Vision) - No students to attend.

Wednesday 3/3/21 3K Assembly at 2.45pm

Wednesday 10/3/21 2H Assembly at 2.45pm

Wednesday 17/3/21 1S Assembly at 2.45pm

Wednesday 24/3/21 1V Assembly at 2.45pm

Tuesday 30/3/21 Sacrament of Reconciliation OLCH Church at 6.00pm and 7.15pm.

Wednesday 31/3/21 PA Special Lunch Day.

Wednesday 31/3/21 2B Assembly at 2.45pm

Thursday 1/4/21 Holy Thursday Easter Liturgy at 9.15 am, Easter Raffle, Term 1 concludes at 1.00pm.

Kind regards,

Ms Maree McIntosh

Principal



Dear Parents and Carers,

Meet the Teacher interviews will be held on **Thursday 18th February 2021.**

Interviews for 3S ONLY will be held on **Wednesday 17th February 2021.**

Interviews are strictly 10 minutes and spaces are limited.

Go to www.schoolinterviews.com.au and enter the code **wxqh2**

For 3S interviews only, go to www.schoolinterviews.com.au and enter the code **bzwvr**



Enter your details



Select the teachers you wish to see



Select the appointment times that suit your family best



When you click FINISH your selected bookings will be emailed to you immediately. If you do not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling.

Update your details if the email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders will not be sent home.

Bookings must be finalised by 11th February.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to www.schoolinterviews.com.au and enter the code and the email address you used when making your bookings.

COVID 19 Requirements for Term 1 2021

All Visitors

To support contact tracing, all visitors must sign in at the office and provide their details in accordance with the school's COVID Safe Plan. Face masks must be worn at all times.

Social Distancing

Social distancing between adults will continue. This will apply to staff while working on-site as well as parents at drop off and pick up times. While waiting for children at the end of the day please use the appropriate markings indicating where adults can stand, this will reduce congestion.

Use of Face Masks

Face masks are not required outdoors except where physical distancing of 1.5 metres cannot be maintained. Please consider this when you drop off and pick up your children.

Morning Drop Off

Where possible one adult is to continue to drop off children no earlier than 8:40 am. Please continue to bring your child/ren through the double gates near the church on Nicholson Street or Miller Street, you are now able to enter the Middle Yard in the mornings, please don't stay for a period longer than 15 minutes and remember to use the appropriate physical distancing markings. When exiting the school grounds please use the small gate on Nicholson or Miller Street as you have done so last year. If children arrive after 9.00am they are to enter the school building via the office and Parents/Carers must sign each child in via the school passtab.

Afternoon Pick Up

There are markings around the perimeter of the Northern and Middle Yards as well as through the centre of the Middle Yard that are spaced at 1.5 metre intervals and we ask that Parents/Carers continue to use these while waiting. The direction of traffic will be in reverse to that in the mornings with Parent/Carer entry through the small gates and families exiting through the double gates on Nicholson Street and Miller Street.

Parent/Carer Volunteers

Parent/Carer Volunteers can resume this term however face masks must be worn while volunteering indoors and physical distancing regulations must be adhered to. All attendance must be registered through the office.

Assemblies

Face-to-face year level indoor assemblies will occur on Wednesdays, only Parents/Carers of the presenting class will be able to attend due to density regulations. Depending on numbers, seating may be arranged outside as we must adhere to the indoor density limit of one person per two square metres. Parents/Carers attending must sign in at the office and provide their details in accordance with the school's COVID Safe Plan.

Sharing of Food

Sharing of food is not permitted at this time so unfortunately children will not be able to bring in cupcakes for birthday celebrations, lolly bags are also not permitted during this time.

Unwell Students

If your child is unwell and is exhibiting symptoms indicative of COVID 19 (sore throat, runny nose, fever, cough) we strongly encourage you to keep your child home and seek medical advice.

Students with Underlying Medical Conditions (such as hay fever or asthma)

If your child has persistent symptoms due to an underlying condition such as hay fever or asthma, your child should still be tested for coronavirus (COVID-19) if they develop symptoms that are different to or worse than their usual symptoms.

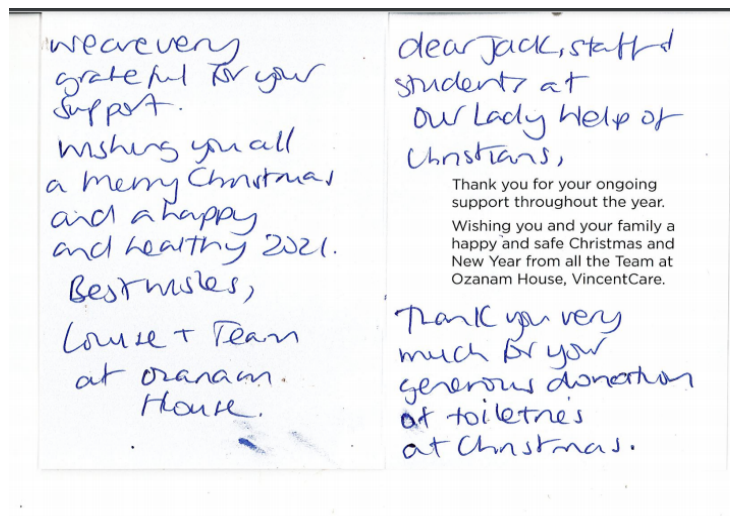
Parents/Carers should also consider obtaining a medical certificate from the child's treating GP to confirm that it is safe for them to attend school with persistent symptoms that may overlap with some of the symptoms of coronavirus (COVID-19) such as cough or runny nose.

Children with a negative coronavirus (COVID-19) test whose symptoms have completely resolved do not need a medical certificate to return to the school.

A Big Thank You OLHC School Community

Thank you once again to all OLHC families who so generously responded and supported the annual Advent appeal last year in support of Ozanam House North Melbourne. Classroom tubs were well stocked with toiletries and other personal items that were made into Christmas gift packs. Over the holidays we received a formal certificate of appreciation as well as personal note from the outreach program coordinator expressing their sincere thanks and appreciation of the generosity and support from our community.

Jack Rendle
Religious Education Leader





PARADE COLLEGE PRESTON CAMPUS
8 CLIFTON GROVE PRESTON
PH: 9468 3300

WHY CONSIDER PARADE COLLEGE - PRESTON?

- Close proximity to public transport and well serviced by our extensive bus system
- It's a Year 7-12 Campus, depending on the chosen educational pathway
- A smaller campus of 300 students with a maximum intake of 70 boys at Year 7 and therefore smaller class sizes
- Br. Peter Cole scholarships are offered for enrolled students in the Advanced Placement Program
- Instrumental Tuition Scholarships are on offer for high achieving Music students
- Our Sports Institute will begin in 2021 for capable athletes across all sports who have enrolled at Year 7
- Please note, our snapshot@parade program runs each term over 3 weeks for boys and girls in Years 4,5,6 to engage in some exciting activities. Details are on our website

If you would like any more information about our Preston Campus please call:
Mrs Sally Ryan – Campus Director or Mrs Roslyn Tabacco – College Registrar 9468 3300

Applications for Year 7 2022 close on Friday 21 August 2020

Limited places available for Year 7 2021



WWW.PARADE.VIC.EDU.AU

Sporty Stars

DEVELOPING POSITIVE FUTURES

Our Lady Help of Christians

Term 1
2021

All our qualified instructors encourage opportunities for cognitive, social and emotional development through and during movement activities within all our programs



Multi-Sport Stars

Fun sports including basketball, athletics, handball as well as frisbee, dodgeball and other fun sporty games

This program will improve your child's general coordination levels, confidence and muscle tone

Day: Thursday

Time: 3:40-4:40pm

Start Dates: 11th Feb

Finish Date: 25th March

Who: Prep-Grade 4

Cost: \$105 (7 sessions)

Soccer Stars

Learning introductory soccer skills including: Passing, shooting, heading, ball control, running with the ball and turning. The focus is on inclusion more than competition – we want every child to join in and have fun

Day: Thursday

Time: 3:40-4:40pm

Start Dates: 11th Feb

Finish Date: 25th March

Who: Prep-Grade 4

Cost: \$105 (7 sessions)

ENROL ONLINE:

www.sportystars.com.au

Enquiries



info@sportystars.com.au



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"Pay now, Pay later"
Interest free pay by instalment
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THE PARADE EXPERIENCE @ PRESTON

In Year 3 or 4? Come and experience the exciting things on offer at Parade Preston.

An opportunity is available over 3 weeks.
Wednesday's between 4-5pm for both girls and boys to try such things as:

Week 1 Feb 24 -Food Technology (Garden to Table) in our brand new facility

Week 2 Mar 3 - Science Experiments in one of our well-equipped Labs

Week 3 Mar 10 - PE through our newly established Sports Institute

More details:

Mrs Sally Ryan, Director of Campus

Tel: 9468 3300

Registration forms can be found on the Parade Website.
Or simply scan the QR Code
(Only \$10 covers all costs for the 3 weeks!)



www.parade.vic.edu.au

OPEN DAY
10AM – 2PM SUNDAY 14TH FEB 2021



Sew Creative

Kids Sewing Classes

FRIDAYS 4.30-6.30PM @ Newlands Community
House
20 Murray Rd Coburg North

Term Starting Friday 12th February

SATURDAYS 9.30-11.30am @ East Coburg
Community House
32 Nicholson st Coburg.

Term Starting Saturday 13th February

Boys and Girls welcome.
Ages 8+

For more information contact
Fiona on 0405454295
or email lmnopfiona@gmail.com



**BRUNSWICK
JUVENTUS**
JUNIOR F.C.
1948



Welcome 2021 Girls OPEN DAY

Balfe Park
John Street
East Brunswick

10:30 -12:00pm

Sunday 21st February 2021

Come along and learn some new soccer skills whilst making new friends at the Brunswick Juventus Junior Football Club.

Join us for for the 2021 season.....

⚽ Prizes ⚽ Coaching ⚽ Games

FREE LUNCH PROVIDED 🍴🍷



Please RSVP to
brunswickzebrasfc@gmail.com



After school pottery classes

Kids will design, hand build, and glaze their work.

Suitable for 7 - 12 year olds.

*Work will be fired and available for collection in the
first week of Term 2.*

When: Tuesdays 4pm - 5.30pm

Where: Brunswick Neighbourhood House

43a De Carle St Brunswick

Dates: 23rd February to 30th March

Cost: \$140



**To enrol contact us on
9386 9418 / info@bnhc.vic.edu.au**