



# OUR LADY HELP OF CHRISTIANS

Primary School Brunswick East

*Exceptional Education*

## Newsletter 4, Term 2, 2020

Thursday 14th May

### **SIXTH SUNDAY OF EASTER**

***"I shall ask the Father and he shall give you another Advocate"***

*John 14:15-21*

*"If you love me, you will keep my commandments. And I will ask the Father, and he will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, because he abides with you, and he will be in you."*

#### ***"Pandemic Prayer"***

***God of hope, in this Easter time,  
you are with us all in our uncertainty and anxiety.  
Give us the strength and patience to respond  
courageously***

***to the various challenges that face  
us in our families and society.  
Help us to keep longing for and achieving  
healing for the world.***

***May this healing be full of justice,  
peace and reconciliation for all people.  
Give wisdom and generosity to our leaders as they  
journey  
with us through this struggle for safety, health and  
well-being. Amen***

Dear Families,

This week brought the news that onsite operations in all schools across Victoria are due to recommence on a staggered timetable. Monday 25th May has been gazetted as a Pupil Free Day and children in Years Foundation, One and Two are due to return to their classrooms on Tuesday 26th May. The older children, in Years Three, Four, Five and Six, are due to return to their classrooms on Tuesday 9th June. As a school we are working through the protocols to be put in place to ensure identified risks are managed and that families can be confident that all care will be taken. These protocols will be sent out later this week.

Unfortunately, the return of onsite classes does not mean that it is business as usual for our school community. While the children will be able resume face-to-face classes, together with their classmates and teachers, we will be restricting the number of adults in the school meaning that parents will not be able to come into the school in the same way as they have previously, and our community gatherings will not be able to occur until further notice. We will be sending out our onsite protocols after they are finalised next week before staff and students come back into the school.

As society begins to move once more, it is important for all of us to remember that the crisis is not yet over. It is still necessary for adults to maintain social distancing practices that ensure we are 1.5 metres apart, that we continue good hand hygiene – regularly washing and sanitising hands, not shaking hands and coughing into elbows – and that we are aware of allowing adequate space for the small number of people we are allowed to gather with.

### **FOUNDATION 2021 ENROLMENTS**

Traditionally, Foundation Enrolments officially open the first day of Term 2 each year. We are now placing a call out to all our current families who may have a younger child due to start school next year that you have submitted an Application to the School Office.

First Letters of Offer for Foundation 2021 were posted to families last week.

To avoid missing out please ensure you contact our Cathy Windsor, by email. Also, if you know of any new families in our parish who may want to enrol please spread the word.

Kind regards, Cathy Windsor (Registrar)

[cwindsor@olbrunswickeast.catholic.edu.au](mailto:cwindsor@olbrunswickeast.catholic.edu.au)

## MOTHERS' DAY & FOUNDATION DANCE

A very Happy Mothers' Day for last weekend to all the mothers in our community. We hope that everyone enjoyed the wonderful dance video presented by our Foundation children and the messages of love they had for their mums.

## MENTAL HEALTH MATTERS

In last week's newsletter we shared some of the poems written by children in Grade 6 and submitted to the Australian Young Writers' Creative Writing Competition 2020 with the theme Mental Health Matters. We have included some more of these below this week plus one short essay.

### **Anxiety Poem** by Calista

She always looks down  
Sometimes I want to talk to her, but  
She always has a frown  
Sometimes she even looks at me with disgust.

One day, I walked up to her  
She looked at me with such fright  
My eyes started to blur  
But I knew this was right.

### **The Little Girl Smiled** by Alice McA

The little girl smiled  
Big and bright  
It filled all the parents with joy and delight  
Her little legs wobbled and her hands gently shook  
She flung her hands out which her parents then took.

Down syndrome is different and that's okay!  
It's only effective in what they do and say.  
It doesn't give people the right to bully  
For we are all human, and still have rights fully.

### **Worries Are Just a Part of Life** by Samantha

Worries and stress fill your mind.  
You can't sleep or eat and get tired from time to time.  
Most days you sit there thinking about all the negative things  
And before you even know it, it's spring.

Everyone tries to calm you down but it doesn't seem to help.  
Sadness, loneliness is all you felt.

But it's time to ignore all your worries,  
It doesn't matter how long you're not in a hurry.  
When people say mean and hurtful things about you,  
Don't dwell on it, what they're saying is probably not true!

All that time worrying and thinking has all been a waste,  
So all your bad thoughts are better off erased.  
It's ok to be scared and anxious sometimes,  
Bad thoughts are just... part of your life.

So you see, you can turn your mental health around  
As long as you stay strong and stand your ground.  
You are the author of your life,  
So you choose what is wrong and what is right.

### **Be Yourself, Love Yourself** by Allegra

Having a positive mindset will help lead you to a great future full of happiness and joy. Being negative will let you down and your future could be filled with a negative mindset or problems that questions are not great. We should all work as a community to build strength and confidence in each other. We all change, throughout our lives we experience new challenges and we all have support. I can understand we all have tough and rough times but manage to get through them all. We have friends, family, and essential workers to guide us and have the best life possible! Thinking positive can change the way we see things and discover a new and improved you. We all change, which is an awesome thing because that makes us who we are right now.

In this world we are so lucky to have emotional support from family, friends, therapists, and teachers. If something happens online or at school talk to an adult about how it is affecting you. This can affect you with thinking, feelings, and mindsets. We all need help with our feelings because talking to someone is personally the best way to resolve it. There are apps you can search like the kids help line that will give you the emotional support you need with your feelings. This can change your life forever. We need great mindsets to keep us going throughout this tough and challenging life we were born into.

Having new challenges is great! You learn something new every day and that shapes your personality to be a friendly person or by getting smarter. Being a friendly person means using manners, talking nicely and being respectful towards others. Sometimes it is hard to be patient but that's okay or if you forget your manners... Sometimes it helps to put yourself into another person's shoes and think about them. You need these qualities in your life or else no one will want to be around you. I've gone through times like this but resolved the issue by talking to a teacher and my parents. This has shaped who I am now, and I think I'm the best that I can be. I am happy and proud of who I am and taking on what awaits me in my life.

Everyone should be proud of who they are because they all have something extraordinary about them that's unique. If you don't like the person that you are then change but I don't think that's necessary. Inside of you there's something that no one else can have and that's the person that you are. We all have a special quality about ourselves and we use that quality to be ourselves. We're all different and that's awesome!

## STUDENT BIRTHDAYS

A very Happy Birthday to the following students who celebrated their birthday over the past week: **Venice N. in Grade 1, Jasmine P. in Grade 6, Lucy J. in Grade 1, Tessa J. in Grade 4, Ai Gaia in Grade 2 and Nicolo M. in Grade 4.** We hope that your birthdays were memorable for all the right reasons.

## ONSITE ATTENDANCE

If you require supervision for your child/ren during school hours next week due to your work requirements, please remember to fill in the attendance form – this needs to be done each week and must be completed by noon on Friday.

## BRUNSWICK NEIGHBOURHOOD HOUSE

Within our community there could be keen interest a range of new, free, courses being offered online by the Neighbourhood House. Courses offered include:

- Step to Employment
- English for Beginners

- English for Intermediates (dates tbc)
- English for Reading & Writing
- Computers for Beginners
- Microsoft Office 16

Please see the flyers attached to this newsletter in the Community Notices Section for more information.

## SCHOOL PHOTOS

School photos have arrived at school and we send these out when children return. The Grade 6 leadership group photo samples have also arrived and are on display in the office with ordering details are attached to this newsletter.

## NCCD INFORMATION SHEET

What is the Nationally Consistent Collection of Data? Schools must now complete the Nationally Consistent Collection of Data on School Students with Disability (NCCD) every year. It counts the number of students who receive additional adjustments or "help" at school because of a disability. The NCCD helps governments plan for the needs of students with disability. To read the information sheet [click here](#).

## PARENTS ASSOCIATION MEETING

This Tuesday evening, the Parents Association will meet via a video hook-up to look over the calendar of events for the rest of the year to replan what is possible and how various events might possibly go ahead. If you have any ideas and input for their discussions or if you would like to join this meeting, please let Michelle or Janelle know by emailing [olhcpa@gmail.com](mailto:olhcpa@gmail.com).

## NELSON ALEXANDER COMPETITION

As part of the school's sponsorship arrangement with Nelson Alexander Real Estate they have arranged a colouring competition for all the children whereby they can win a Limited-Edition City of Moreland Monopoly Board Game. The competition was attached to last week's newsletter and appears this week also.

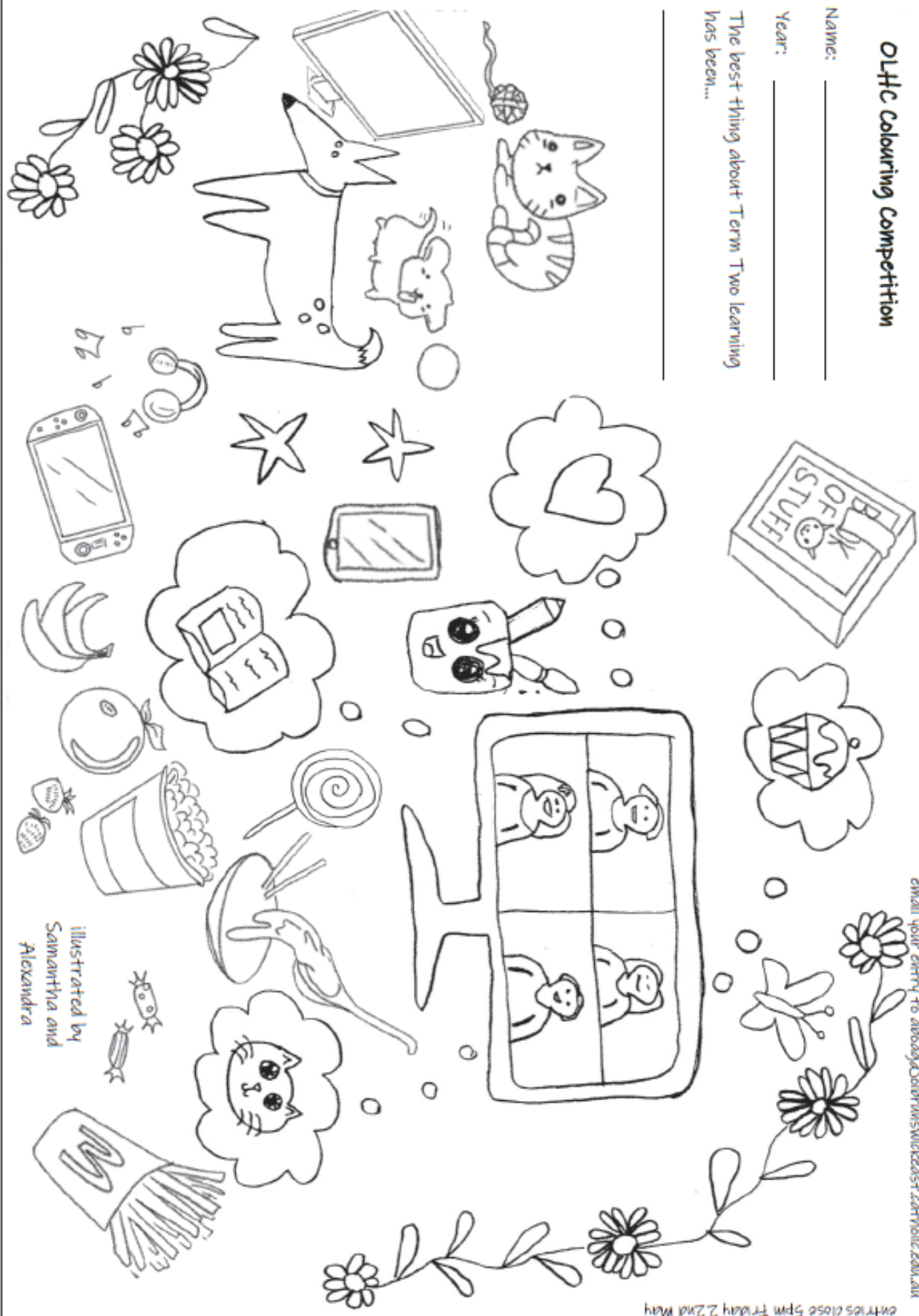


Until next week, respectfully, *Daniel* 😊

email your entry to [abbaag2@ollernswickcast.catholic.edu.au](mailto:abbaag2@ollernswickcast.catholic.edu.au)

Year: \_\_\_\_\_

The best thing about Term Two learning has been....





## 2020 Special Group Photos How to Order

Dear Parents and Students,

Our Lady Help Of Christians Primary School SPECIAL GROUP PHOTOS are now available online.

### ONLINE ORDERING

Your school's photos are available for secure online ordering. Photos will be delivered to your school office.

#### 4 EASY STEPS TO ONLINE PHOTO ORDERING\*\*

**Step 1:** Easy Access Link: [Click Here](#) if you are using a supported device.

- OR - Go to [www.advancedlife.com.au](http://www.advancedlife.com.au) and enter your school code [YK7 F94 G4C]

**Step 2:** Click on the Group Photos tab (top of the page)

**Step 3:** Choose the groups you would like to order from the list  
(left side of the page, you can view them at this point)

**Step 4:** Pay for the photos via the shopping cart (upper right corner of the page)

**\*\*Online Orders have a \$1 service fee**

Please feel free to contact us via email or phone should you have any queries regarding your child's special group photo order.  
[info@advancedlifevic.com.au](mailto:info@advancedlifevic.com.au) or 03 9852 1133

Advancedlife Team



## SIMONDS CATHOLIC COLLEGE | West Melbourne & Fitzroy North

Situated across two campuses in the inner city of Melbourne, Simonds Catholic College is in a unique position of being the only Catholic school for boys on the doorstep of the CBD.

Our Year 7-9 students start at the St Mary's Campus, West Melbourne which is just two blocks away from the Queen Vic Market. Students move to our Year 10-12 Campus in Fitzroy North for their senior studies.

The College commenced in 1996 following the amalgamation of St Mary's Boys' Regional School, West Melbourne, and Cathedral College, East Melbourne both of which were Year 7-10 schools. The West Melbourne location was chosen for the school because of its accessibility by public transport. Our students come from all areas of Melbourne. We have expanded to become a **Year 7-12 school**, offering a broad range of VCE subjects and now occupy classrooms in what was St Mary's Primary School (closed in 1996) and St Brigid's Primary School (closed in 2009), on the grounds of the two landmark churches after which the campuses are named.

**In 2020 we celebrate our 25 year anniversary.**

The College motto, 'Known, Supported, Inspired' conveys the essence of our mission. Our school is a learning community that promotes student wellbeing, safety and positive relationships so that students can achieve success and reach their full potential.

***"Dear Young People ... Do not be afraid to dream of big things" -- Pope Francis***

We are a small school and have outstanding teachers. Our point of difference is that we deliberately limit the size of classes and this translates to increased learning opportunities for our students and big opportunities for your son. Simonds' close proximity to the inner city means we are able to take advantage of the many excellent cultural and sporting facilities to support and enhance our students' learning. We are fortunate that many activities are only minutes away. We indeed are ***"the city school for boys"***.

**We are accepting enrolments for 2021 and 2022 so please join us for a Talk and Tour or contact our Registrar on 9321 9200 and discover the Simonds difference for yourself.**



[www.sccmelb.catholic.edu.au](http://www.sccmelb.catholic.edu.au) 9321 9200  
St Mary's Campus | 273 Victoria St, West Melbourne  
St Brigid's Campus | 20 York St, Fitzroy North



THE CITY SCHOOL FOR GIRLS

2022 Enrolments  
**Talk to Us**  
9412 7154



Talk to us today about Academy's  
**New Application Process**

Call our registrar: 9412 7154

Email: [registrar@academy.vic.edu.au](mailto:registrar@academy.vic.edu.au)

[academy.vic.edu.au](http://academy.vic.edu.au) |   





**PARADE  
COLLEGE**

# **PARADE SPORTS INSTITUTE**

**YEAR 7 IN 2022**

***Applications for 2022 close  
Friday 4th December, 2020***

**[www.parade.vic.edu.au/psi](http://www.parade.vic.edu.au/psi)**

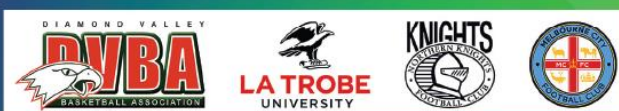
The Parade Sports Institute is an Innovative Sports Development program launching for Year 7 in 2021 at the Preston Campus. A specialised Physical Education program that includes a focus on Athletic Development in combination with the Parade College curriculum.

This program will enable our student athletes to develop their training and strength skill set over their entire time at Parade College, creating a platform for young athletes to cope with elite training loads in the future.

Please note: There are limited places remaining for Year 7 in 2021.

For further details and the application process, please see our website at [www.parade.vic.edu.au/psi](http://www.parade.vic.edu.au/psi) or contact the College Registrar: [registrar@parade.vic.edu.au](mailto:registrar@parade.vic.edu.au) or 9468 3304.

**LIMITED  
PLACES  
AVAILABLE  
2021**



**PARADE COLLEGE PARTNERS**





# PARADE COLLEGE PRESTON CAMPUS

## 8 CLIFTON GROVE PRESTON

PH: 9468 3300

Nestled between Plenty Rd, Bell St. and High St., our well-resourced and attractive campus provides all that the College has to offer and is a great opportunity for boys to make the transition from Primary School to Secondary at smaller setting.

If you missed our Open Day or would like to see our campus in full operation, tours are available throughout the year on the following dates and may be booked via the website below.

Thursday 26 March, **Thursday 23 April**, Thursday 7 May, **Friday 5 June**, Thursday 18 June, **Thursday 16 July**, Friday 31 July, **Thursday 13 August**, Thursday 10 September, **Friday 23 October**, Thursday 5 November.

### Applications for Year 7 2022 close on Friday 21 August 2020



[WWW.PARADE.VIC.EDU.AU](http://WWW.PARADE.VIC.EDU.AU)



PARADE COLLEGE PRESTON CAMPUS  
8 CLIFTON GROVE PRESTON  
PH: 9468 3300

## WHY CONSIDER PARADE COLLEGE - PRESTON?

- Close proximity to public transport and well serviced by our extensive bus system
- It's a Year 7- 12 Campus, depending on the chosen educational pathway
- A smaller campus of 300 students with a maximum intake of 70 boys at Year 7 and therefore smaller class sizes
- Br. Peter Cole scholarships are offered for enrolled students in the Advanced Placement Program
- Instrumental Tuition Scholarships are on offer for high achieving Music students
- Our Sports Institute will begin in 2021 for capable athletes across all sports who have enrolled at Year 7
- Please note, our snapshot@parade program runs each term over 3 weeks for boys and girls in Years 4,5,6 to engage in some exciting activities. Details are on our website

If you would like any more information about our Preston Campus please call:  
Mrs Sally Ryan – Campus Director or Mrs Roslyn Tabacco – College Registrar 9468 3300

**Applications for Year 7 2022 close on Friday 21 August 2020**

Limited places available for Year 7 2021



**WWW.PARADE.VIC.EDU.AU**



## COMMUNITY NOTICES SECTION



# FREE LOCAL DELIVERY

## Book deliveries to your door!

We deliver to:

Brunswick (East and West); Carlton North; Princes Hill;  
Fitzroy North; Clifton Hill; Northcote and Thornbury  
EVERY DAY (except Sunday).

Other suburbs twice weekly, check our website for details.

Browse and order online :)

Note your school in the comments section when  
you check out to register the transaction for your  
school's 15% Community Reading Reward.

Thank you for your support x

[www.littlebookroom.com.au](http://www.littlebookroom.com.au)

759 Nicholson Street  
Carlton North  
t & i: @little\_bookroom  
f: TheLittleBookroom



THE  
LITTLE  
BOOKROOM



# New, Free, Online **STEP TO EMPLOYMENT**



**Whether you're re-entering the workforce or looking for your first job, 'Step to Employment' will help get you there.**

**Topics include:**

- Resume and cover letter writing
- Key selection criteria
- How to prepare for an interview
- Career coaching
- Job search skills

**This free, online, 6-week course will run from 28th May to 3rd July, with classes each Thursday & Friday, 10am - 1pm.**

**For more information or to enrol, please call 9386 9418.**





# Free, online English Language and Computer classes

For information and to enrol, please  
call us on 9386 9418

## Computers - Microsoft 16

*Take your MS Office skills to the next level. Basic computer skills (and Microsoft 16) required.*

Starting Tuesday 12th May  
for 9 weeks.  
Tuesday 9am - 12pm &  
Friday 9am - 12pm

## Computers for Beginners

*A beginners' course for participants to learn at their own pace with a supportive tutor.*

Starting Tuesday 12th May  
for 9 weeks.  
Tuesday 1pm - 4pm

## English Conversation

*For people wanting to develop their listening and speaking skills.*

10.30am - 12.30pm every  
Monday, Wednesday and Friday.

## English for Reading & Writing

*For people with basic listening and speaking skills who want to learn to read and write.*

1.30pm - 3.30pm every Tuesday,  
Wednesday and Thursday.

Brunswick Neighbourhood House  
[www.bnhc.vic.edu.au](http://www.bnhc.vic.edu.au) / [info@bnhc.vic.edu.au](mailto:info@bnhc.vic.edu.au)

